

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Selection	Chicken Tikka with Basmati Rice	Lasagne	Traditional English Roast	Southern Coated Chicken	Crispy Battered Fillet of Fish with Chips
	Reggae Reggae Sweet Potato Curry with Rice	Macaroni Cheese	Creamy Veg Kiev	Vegetarian Hot Dog	Country Vegetable Cheese Bake with Chips
Sides	Naan bread	Garlic Slice	Roast Potatoes	Spicy Potato Wedges	Garden Peas
	Sweet chilli, cucumber and tomato salad.	Seasonal salad	Fresh Green Cabbage	Coleslaw	Golden Sweetcorn
	Raita Dressing		Carrot Rings	BBQ Baked Beans	Tartar sauce
Dessert	Lemon Curd and Yogurt Fool with Shortbread	Fruit Crumble and Custard	Steamed Chocolate Sponge and Chocolate Sauce	American Apple Pie and Ice-cream	Gateau and Cream
Other Selections	Salads, sandwiches, wraps, rolls, pasta pots, homemade tray bakes and muffins				

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Selection	Sweet and Sour Chicken Balls with Rice Hoisin and Quorn Stir Fry with Rice	Sausages and Onion Gravy Stuffed Mushroom	Chicken, Ham and Leek Pie Vegetarian Sausage Roll	Chilli Beef Burrito Mighty Mexican Tortilla Cheesecake	Breaded Fillet of Fish and Chips Vegetarian Nuggets and Chips
Sides	Stir Fried Vegetables	Mashed Potatoes Sweetcorn Whole Green Beans	Creamed Potatoes Broccoli Florets Mixed Vegetables	Twisted Fries Seasonal Salad	Garden Peas Baked Beans
Dessert	Cheesecake and Cream	Toffee Apple Crumble and Custard	Syrup Sponge and Custard	Very Berry Rice Pots	Eton Mess
Other Selections	Salads, sandwiches, wraps, rolls, pasta pots, homemade tray bakes and muffins				

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Selection	Chilli Beef Tortilla Boat with Salad Garnish Vegetarian Korma Curry and Rice	Mini Chicken Meatballs in Tomato Sauce Vegetarian Spaghetti Bolognese	Traditional English Roast Vegetable Nuggets	Minced Beef and Vegetable Pie Mediterranean Vegetable Pie	Jumbo Fish Fingers with Chips Vegetarian Sausage with Chips
Sides	Golden Sweetcorn Courgette and Pepper Mix	Spaghetti Garlic Slice Seasonal Salad	Roast Potatoes Cauliflower Florets	Creamed Potatoes Sliced Carrots Whole Green Beans	Garden Peas Spaghetti Hoops
Dessert	Fruit Cobbler and Custard	Baked Chocolate Fudge Sponge and Vanilla Sauce	Apple Crumble and Custard	Steamed Jam Sponge and Custard	Fresh Fruit Salad and Cream
Other Selections	Salads, sandwiches, wraps, rolls, pasta pots, homemade tray bakes and muffins				

Break Menu

Hot

Bacon Roll	£1.20
Sausage Roll	£1.00
Chicken Burger	£1.20
Southern Coated Chicken Burger	£1.40
Hot and Spicy Chicken Burger	£1.40
100% Steak Burger with Cheese	£1.60
Chicken Wraps	£1.80
Pizza Topped Flatbread	£1.20
2 Slices of Toast	
With spread	£0.50
With Preserve	£0.70
Warm Belgium Waffle	£0.80

Cold

Selection of Sandwiches, Rolls and Wraps	£1.10 – £2.00
Croissant	£0.80
Pain Au Chocolate	£0.90
Pain Au Raisin	£0.90
Selection of Rolls	£0.60
Berry Yogurt Oat Pots	£1.30
Selection of Fresh Fruit Pots	£1.00 - £1.50

The Hub Selection

Hot

Bacon Roll	£1.20
Sausage Roll	£1.00
Chicken Burger	£1.20
Southern Coated Chicken Burger	£1.40
Hot and Spicy Chicken Burger	£1.40
100% Steak Burger with Cheese	£1.60
Chicken Wraps	£1.80
Warm Belgium Waffle	£0.80

Cold

Selection of Sandwiches, Rolls and Wraps	£1.10 – £2.00
Croissant	£0.80
Pain Au Chocolate	£0.90
Pain Au Raisin	£0.90
Selection of Rolls	£0.60
Berry Yogurt Oat Pots	£1.30
Selection of Fresh Fruit Pots	£1.00 - £1.50

The Lunch Menu

Main Meal and Dessert	£2.40
Main Meal on Own	£2.10
Dessert on Own	£1.20
Salads	from £2.50

Pizza Bar

Meat Topped Pizza	£1.50 per slice
Vegetarian Pizza	£1.40 per slice
Garlic bread	£0.40 each

Thyme Out

Monday to Thursday

Large Pasta with Topping	£2.20
Small Pasta with Topping	£1.70
Pots of Cheese	£0.60

Fridays

Nachos and Topping	£2.20
Fish Goujons and Chips	£2.20
Daily Jacket Potatoes (choose from Tuna, Cheese or Beans)	
1 Topping	£2.00
2 Toppings	£2.40
Individual Salad Pots	£0.60

Thyme to Drink

Yazoo	£1.20
Juice Burst	£0.80
Hydro Juice	£0.70
Sparkling Juicy Water	£0.70
Juice Cartons	£0.60
Small Milkshakes	£0.60
Large Water	£0.60
Small Water	£0.40