

RMGS

Community Sports Leader Award

Level 3

What are the aims of the course?

The prime aim of the SLA is to produce responsible, motivated and confident people who can lead independently (once qualified) safe, purposeful and enjoyable sporting and recreational activities. It is also designed to encourage people to get involved in organising and assisting with the provision of sport on a voluntary basis. The Award provides a common foundation for the coaching schemes of the national governing bodies of sport. As such it concentrates on improving the leadership skills required to plan and prepare a sports session, deliver a session and evaluate the activity.

This is a 6th Form course for Year 12 but it will also take from September – December of Year 13 to complete the necessary Volunteering Work.

This is the Higher Level 3 Course which will gain a recognised Qualification and is also worth 16 UCAS Points. It is mainly practical, challenging and developing the candidate's leadership skills across a range of activities.

Minimum age on course start	15
Minimum age on completion	17
Pre-requisites	None
Level of supervision during course	Direct supervision
Level of supervision once qualified	Indirect supervision at 17 years old Independent of supervision at 18 years old
Total Qualification Time (TQT)	126 hours
Tutored time (GL)	60 hours
Demonstration of leadership	30 hours - required before qualification is certificated
Credits	13 credits
UCAS points	16

Objective: HSL3 is a nationally recognised qualification that enables successful learners to *independently* lead purposeful and enjoyable sport/physical activity.

Key content: Leadership skills and their application to sport/physical activities to a range of participants with differing needs.

Course Outline

1. Developing leadership skills
2. Plan, lead and evaluate a sports/physical activity event
3. Lead safe sport/physical activity sessions
4. Plan, lead and evaluate sport/physical activity sessions for children
Optional units Learners must complete two units from Units 5, 6 and 7. They can only be completed after the learner has been assessed for Units 1, 3 and 4.
5. Plan, lead and evaluate sport/physical activity sessions in the community

6. Plan, lead and evaluate sport/physical activity sessions for disabled people

7. Plan, lead and evaluate sport/physical activity sessions for older people

All candidates are enrolled and insured by Sports Leaders UK and issued with a Learner Evidence Log.

The course is geared mainly towards practical applications of leadership skills, therefore suitable clothing and footwear is required each session to participate.

Students are expected to make a commitment to get involved in sporting activities throughout the course during sessions, as well as organise two school sporting events towards the end of the course which count towards their assessment of Unit 4. There are plenty of opportunities to get involved in sport both in school and locally.

Other activities and sporting events are organised by Medway Sports Development Team through our SSCO, in which candidates can gain further knowledge and coaching experience by working with younger people at locally organised sporting venues, some during school time, and some after school.

How much time will the course take up?

This course will take a double lesson every week in Year 12 and also in Year 13 from September – December.

30 hours of volunteering needs to be completed. 10 will be completed in school working with Primary Schools but 10 hours needs to be completed in the Community and a further 10 working with Disabled or Elderly.